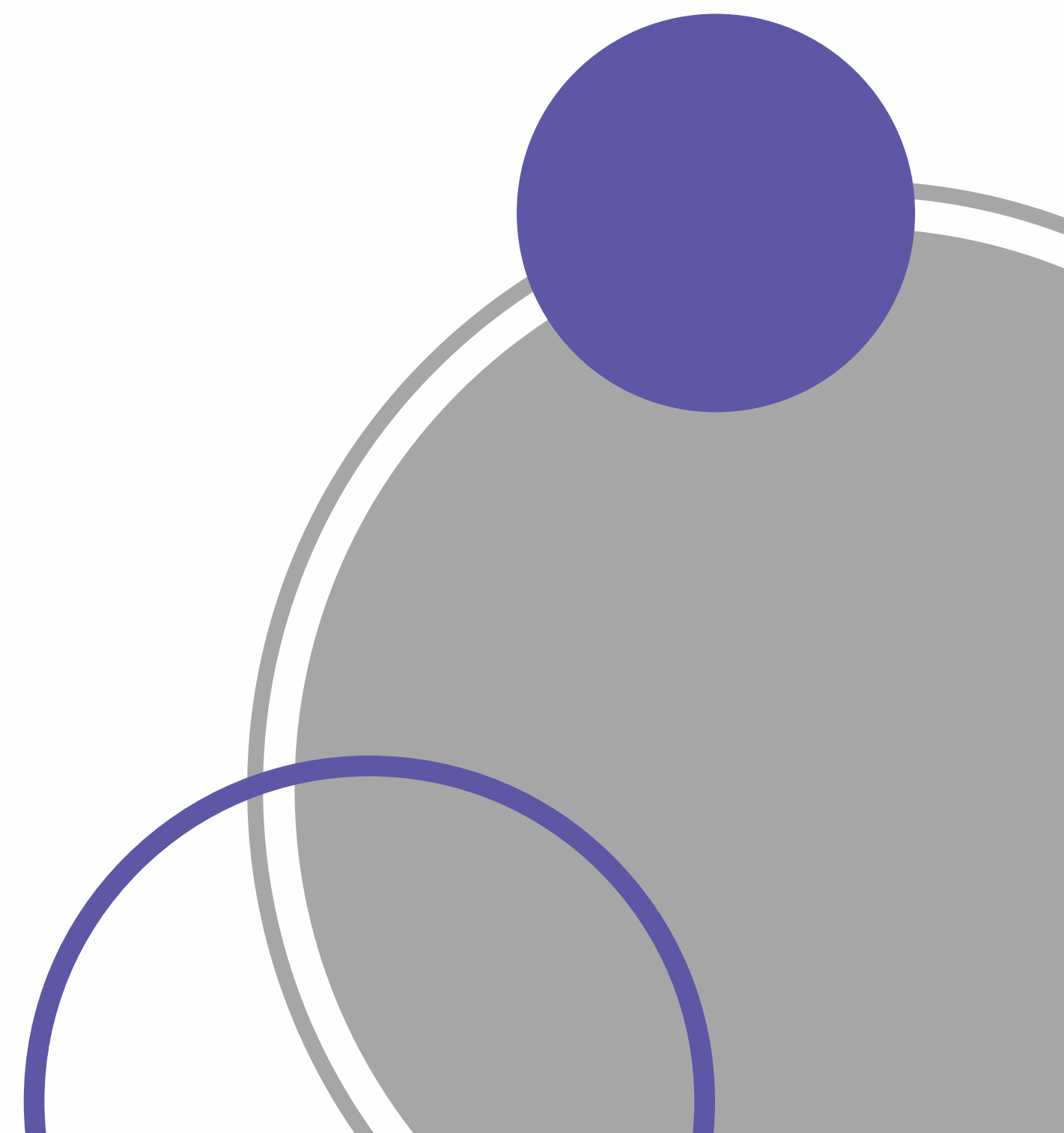


BMI-OK

Dietary supplement for reducing body mass
index BMI



Bmi-ok® dietary supplement for reducing body mass index (BMI) and weight maintenance

- ✓ Based on plant extracts, trace elements and vitamin D. Adjunct to diets for weight control and weight reduction
- ✓ Specifically formulated for body mass index reduction, weight maintenance and metabolism stabilisation
- ✓ Formulated with Oleuropein, Green Coffee Seed, Coleus forskholii Root, Vitamin D3, Grapefruit Seed, Selenium, Chromium

WITH OLEUROPEIN

Active ingredients

- ✓ Coleus and green tea: promotes and stabilises body weight
- ✓ Bitter orange: promotes lipid metabolism
- ✓ Oleuropein: stimulates carbohydrate and lipid metabolism. Restores normal blood circulation blood and regulates blood pressure. It is the antioxidant par excellence
- ✓ Green coffee: tonic action, with antioxidant and metabolism-promoting activity
- ✓ Green tea and grapefruit: promote and restore physiological draining activity
- ✓ Green tea leaves: antioxidant activity
- ✓ Chromium: stabilises normal macronutrient metabolism and blood glucose reduction promoting a return to normal ranges
- ✓ Selenium and Vitamin D : contribute to the normal function of the immune system

Pack	<i>60 capsules of vegetable origin</i>
Mode of use	<p>As part of an appropriate low-calorie regimen, take 2 capsules a day before meals for a period to achieve a weight loss of no more than 4 kg per month (weight-balancing phase). In the subsequent maintenance phase, take 1 capsule a day.</p> <p>Capsules containing 30 mg caffeine.</p>
Warnings	<p><i>The product is not recommended for use during pregnancy, during lactation and under 12 years of age. Consult your doctor before use if your cardiovascular condition is not normal. The product is not a substitute for a varied diet. It should be used as part of an</i></p> <p><i>It should be used as part of an adequate calorie-restricted diet and a healthy lifestyle with a good level of physical activity. Do not exceed the recommended daily dose.</i></p>

Nutrition table

TENORE DEGLI INGREDIENTI CARATTERIZZANTI		
Ingredienti	2 Capsule <i>(dose giornaliera)</i>	% VNR
griffonia semi E.S.	200 mg	
<i>corrisp. a 5-idrossitritofano</i>	50 mg	
caffè verde semi E.S.	160 mg	
<i>corrisp. ad ac. clorogenico</i>	72 mg	
tè verde foglie E.S.	120 mg	
<i>corrispondente a EGCG</i>	54 mg	
arancio amaro fr. imm. E.S.	100 mg	
<i>corrispondente a sinefrina</i>	10 mg	
coleus radice E.S.	100 mg	
<i>corrispondente a forskolina</i>	10 mg	
olivo foglie E.S.	80 mg	
<i>corrisp. a oleuropeina</i>	56 mg	
caffeina	60 mg	
pompelmo semi E.S.	40 mg	
<i>corrispondente a flavonoidi</i>	20 mg	
selenio	30 mcg	55%
vitamina D 3 (coleciferolo)	10 mcg	200%
cromo	40 mcg	100%

VNR = Valori Nutritivi di Riferimento

Ingredients:

Griffonia seed extr. sec. (*Griffonia simplicifolia* L.) tit. 25% 5-HTP, Hydroxypropyl methylcellulose, Green Coffee seed extr.sec. (*Coffea arabica* L.) tit. 45% chlorogenic acid; bulking agent: microcrystalline cellulose; Green tea leaves extr.sec. (*Camellia sinensis* [L.] Kuntze) tit. 95% polyphenols 45% EGCG, Bitter orange immature fruit extr.sec (*Citrus Aurantium. Var. amara*) tit. 10% synephrine, Coleus root extr.sec. (*Plectranthus barbatus* Andrews) tit. 10% Forskolin, Olive leaf extr.sec (*Olea europea* L.) tit. 70% Oleuropein, Caffeine, Grapefruit seed extr.sec. (*Citrus maxima* [Burm.] Merr.) tit. 50% Bioflavonoids, Anti-caking agent: magnesium salts of fatty acids, L-seleniomethionine, Vitamin D3 (Cholecalciferol), Chromium picolinate.