RECOVERYPLUS

Crunchy protein bar for athletes







GUSTO CIOCCOLATO



Recovery Plus® high in 35 % protein and low in sugar promotes muscle maintenance and growth, contributing to recovery after exertion. It also contributes to normal cardiac function, reducing tiredness and fatigue.

It promotes the maintenance and growth of muscle mass prior to sporting activity and contributes to recovery after exertion.

What's in it

Protein blend (milk calcium caseinate, whey protein concentrate, soy protein isolate); stabiliser (maltitol); cocoa coating [sweetener (maltitol) non-hydrogenated RSPO MB vegetable fats (palm, palm kernel, shea), low-fat cocoa powder (13%), emulsifier (sunflower lecithin)]; humectant (sorbitol); hydrolysed bovine gelatin sunflower oil; soy crisp [soy protein isolate, tapioca starch, salt, stabiliser (calcium carbonate)]; cocoa powder; flavouring; low-fat cocoa powder. Bars with very low sugar content (<2%) and high protein content (35%), in crunchy version with inclusions. Cocoa coating

How to us

Take up to 2 times a day, before or after training/performance



Content of characterising ingredients per recommended daily dose

COOKIE FALVOUR

Valore Energetico	100 g	40 g per barretta
Kjoul	1463,04	585,22
Kcal	349,85	139,93
Grassi (g)	13,30	5,32
di cui saturi	5,10	2,04
Carboidrati (g)	35,20	14,08
Dei quali zuccheri	0,70	0,28
dei quali <u>polioli</u>	32,90	13,16
Proteine (g)	35,00	14,00
Fibre (g)	0,98	0,39
Sale (g)	0,38	0,15



Content of characterising ingredients per recommended daily dose

CIOCCOLATO FLAVOUR

Valore Energetico	100 g	40 g per barretta
Kjoul	1473,80	589,52
Kcal	352,44	140,98
Grassi (g)	13,40	5,36
di cui saturi	5,20	2,08
Carboidrati (g)	34,90	13,96
Dei quali zuccheri	1,60	0,64
dei quali polioli	32,10	12,84
Proteine (g)	35,00	14,00
Fibre (g)	1,80	0,72
Sale (g)	0,37	0,15